

# Dementia Friendly Teatime at Zeph's



## **Does someone you know have dementia?**

They are most welcome at Zeph's at any time, but may particularly enjoy this event. Our dementia friendly tea time is just out normal cafe with our usual delicious snacks and cakes menu – but open exclusively for people with dementia and their carers.

If the person you know with dementia is anxious about going out to eat, they can be reassured of a warm and caring welcome.

If you have any questions, please telephone Lesley Green on 07734114058. Lesley is the Church Community Outreach Worker and a Dementia Champion, and along with several volunteers, will be on hand to help at the tea time.

Our dementia friendly tea time is on the second Monday of each month from

10:00 – 12:00pm

**Zeph's Cafe, Trinity Methodist Church, Harbourough Rd, LE2 4LA**

**0116 2717575**